Bev Spangler expenses so far. Feb 22, 2024. Estimates.

From diagnosis til present. 12/8 - 2/3/24 Sat. all the extra expenses, putting me over my normal salary/budget. I don't know all my future costs, as medicines and procedures may be added by my doctor that I don't know about yet. nevertheless, here are the actual known expenses, both from the past and now.

Past unexpected expenses <u>December 2023</u> \$412. Dr. Connealy onco consult \$50 a month. Cancer support group. 50, 50. Cindy, Anna. Stress reduction sessions 30, 20. Appts parking. gas. TOTAL: 612.

January 2024 unexpected expenses \$75. eol stress reduction. Three sessions. (ongoing). 100\$ month. ongoing. 2x month. Cancer health coach. \$50 a month. Cancer support group. (ongoing.) \$562. Dr. C onco consult. (ongoing.) \$52 for three month supply, fenb. 1 of 6. New medicine. (ongoing.) \$72. cancer medicine transdermal. 2 of 6. Monthly. (ongoing.) 80, 70. Charlie, Candace, body work. 30, 20. Appts parking, gas. TOTAL: 1111\$.

<u>February, new oral meds</u> 60\$. New. GKi tests monthly. ongoing Albendazole. \$138/ 3 month supply, \$46/month. Ivermectin new amount. \$300/ month Vermox. New amount. \$339 once every three months. \$113/month. New nutraceuticals. \$55 a month (hydrogen pills, region, pills, pills). Fenben. 20 Total 600\$/month

3870 to 5160\$ Feb new. IV meds

HD V C IV. Low toxicity chemo \$215 per 50 mg infusion. Three times is 645\$ a week multiplied by 6 to 8 weeks is \$3870 to 5160\$

<u>Ongoing monthly expenses. Feb - December 2024 or beyond.</u> \$100. Twice monthly cancer health coach. \$75. Monthly eol consult. \$50. Monthly Cancer thrivers support group. \$72. Monthly medicine metformin.
\$339. Monthly medicine, Vermo. all.
\$149. Monthly medicine strome.
\$412-\$562. Once monthly, Dr. Connelly onco consult.
60\$. GTI test. Monthly.
TOTAL: \$1257 - 1407. monthly

12 months initial goal therefore: dec, jan 1723\$. 1257x12= 15,084. 1407x12= 16,884 SO. \$16,807 - 18,607.

This doesn't yet include the CA trip, the WCI procedures, any future meds, proc whose costs i don't know.

Summer medical trip to Dr Connealy. if days, if weeks. \$0. freq flyer miles? thx la? \$700. rental car. 35\$ a day. x days. 350-700. 10-20 days \$ food. \$ 3300. lodging 162\$ night. x days . 1620 - 3300. Sonesta Suites bc they have kitchens. \$ 5000. just a guestimate. consults, meds, procedures. no idea. \$ 1500 loss of income. TOTAL: 10500

INITIAL GOAL FOR GOFUNDME 19k + 10k. est. 29,000. **<u>OR 30,000</u>** w gofundme fees. 3%.

Future medicines, for summer 2024

New nutraceuticals. Tbd.

- \$. Atorva. starting later, 5 of 6 cancer medicines.
- \$. Dox. starting later, 6 of 6 cancer medicines.
- \$. Intravenous medicines. \$3000. tbd
- \$. IPT chemotherapy. 20,4000 \$

Sodium phenylbutyrate (glutamine blocker) \$6300. 12 g at \$2100 a month for 30 days supply. 3 months only.

Future procedures, potentially.

\$75,000-\$185,000. intra-tumoral immunotherapy injections. (ITI) \$15,000. Food lodging transportation to ITI. 2000-4000. Loss of income during procedures, 3 to 6 weeks.

Wishlist. Nice-to-haves.

100. weekly organic low carb mostly whole plant-based meals. Lunches only. When I'm too tired, weak, busy to cook at lunch.

100. month. Body work, for stress reduction.